### Summer Cooking Camps 2024

# Cook Like a Rock Star

Ages: 12-16

Date: Monday, August 19th - Friday, August 23rd Cost: \$599.00 + Hst

Time: 9:00am - 4:00pm

Place: Village Grocer Upper Level Cooking Studio

Cooking like a Rock Star in the kitchen means having the confidence and skills to get a great meal on the table with panache. Karen and Linda, Queen Bees in the Village, have based this year's curriculum on delicious recipes from famous world chefs tested and teen-approved! The week's itinerary and menus will guide, empower and teach the young chefs the techniques to cook truly awesome dishes. Each camper will get to take home a copy of their own recipe book to keep for future reference.

#### Payment of \$599.+HST= \$676.87 is required in full at time of registration.

#### Camp Itinerary:

\*Each camper will learn about nutrition, meal planning, culinary skills, food preparation, table setting and etiquette through hands-on experience in the cooking studio.

\*Upon arrival, the fun begins when each camper learns to make a nutritious breakfast.

\*After which, we discuss the meal plan and compose the shopping list for the recipes.

\*The Village Grocer allows for a unique environment whereby our campers shop daily for cooking ingredients giving them the opportunity to interact with staff in produce, meat and bakery departments as they explore the world of food.

\*Campers divide into groups to prepare the mid-day meal consisting of an appetizer, main course and dessert. \*Class size is limited to 18 participants. Staff includes 3 culinary instructors and 1 assistant.

\*All materials and ingredients are included in the price. Each camper will be provided with their own apron to take home after camp ends.

\*Campers are to be dropped off at 9:00am and picked up at 4:00pm\*

\*Additional charge for extended time can be arranged.

Note: The Village Cooking Studio is not a peanut free zone.

All Allergies must be disclosed by the parents/guardians prior to class.

The Village Grocer 2 Floor Cooking Studio 4476 16th Avenue, Markham (905) 940-0655



For Additional information: Call Karen or Linda

email: karenchadwick12@gmail.com

Summer Cooking Camp 2024

## **Cook Like a Rock Star**

Registration Form

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Date: Monday, August 19th - Friday, August 23rd

Time: 9:00am - 4:00pm

Place: Village Grocer Upper Level Cooking Studio

#### **Camper Registration Information:**

Name:	(AGE)
Apron: Name to be printed on	Apron
Address:	
(list	name(s) of parent or guardian responsible for drop off and pick up)
Parent/Guardian's Phone:	
Email:	
Payment of \$599.+HST= \$6	676.87 is required in full at time of registration.
Cheque - Make cheque payable to: 1	The Queensbridge Mill
Cash	
Visa	Ex/ CVV
Mastercard	Ex. / CVV

(Note: all credit cards will be charged under the account of Queensbridge Mill)

 Refund Policy:
 1.
 A 100% refund of the cost will be issued if requested within 2 weeks (14 days) prior to the start of camp.

 2.
 Refunds cannot be granted for days missed.

#### Camp Itinerary & Information:

\*Each camper will learn about nutrition, meal planning, culinary skills, food preparation, table setting and etiquette through hands-on experience in the cooking studio located upstairs in The Village Grocer.

\*Upon arrival, the fun begins when each camper learns to make a nutritious breakfast.

- \*After which, we discuss the meal plan and compose the shopping list for the recipes.
- \*The Village Grocer allows for a unique environment whereby our campers shop daily for cooking ingredients giving them the opportunity to interact with staff in produce, meat and bakery departments as they explore the world of food.

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