

Cook Like a Rock Star

Ages: 12-16

Date: **Monday, August 21st - Friday, August 25th**

Cost: **\$599.00 + Hst**

Time: 9:00am - 4:00pm

Place: Village Grocer, 2nd Floor Cooking Studio

Cooking like a Rock Star in the kitchen means having the confidence and skills to get a great meal on the table with panache. Karen and Linda, Queen Bees in the Village have based this year's curriculum on America's Test Kitchen **"THE COMPLETE COOKBOOK FOR TEEN CHEFS"**. This book contains over 70 teen-tested and teen-approved recipes to cook, eat and share. This cookbook will serve as our guide to empower our campers and teach them the techniques to cook truly awesome dishes. Each camper will get to take home their own copy of the book to keep for future reference.

Payment of \$599.+HST= \$676.87 is required in full at time of registration.

Camp Itinerary:

*Each camper will learn about nutrition, meal planning, culinary skills, food preparation, table setting and etiquette through hands-on experience in the cooking studio.

*Upon arrival, the fun begins when each camper learns to make a nutritious breakfast.

*After which, we discuss the meal plan and compose the shopping list for the recipes.

*The Village Grocer allows for a unique environment whereby our campers shop daily for cooking ingredients giving them the opportunity to interact with staff in produce, meat and bakery departments as they explore the world of food.

*Campers divide into groups to prepare the mid-day meal consisting of an appetizer, main course and dessert.

*Class size is limited to 18 participants. Staff includes 3 culinary instructors and 1 assistant.

*All materials and ingredients are included in the price. Each camper will be provided with their own apron to take home after camp ends.

Campers are to be dropped off at 9:00am and picked up at 4:00pm

*Additional charge for extended time can be arranged.

Note: The Village Cooking Studio is not a peanut free zone.

The Village Grocer
2 Floor Cooking Studio
4476 16th Avenue, Markham
(905) 940-0655



For Additional information: Call Karen or Linda
@ 416 450-5495
email: karenchadwick12@gmail.com

Summer Cooking Camps Are Back!

Registration Form

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Camper Registration Information:

Name: _____ (AGE) _____

Apron: Name to be printed on Apron - _____

Address: _____

Parent/Guardian's Name: _____

(list name(s) of parent or guardian responsible for drop off and pick up)

Parent/Guardian's Phone: _____

Email: _____

Payment of \$599.+HST= \$676.87 is required in full at time of registration.

Cheque - Make cheque payable to: The Queensbridge Mill

Cash _____

Visa _____ Ex. ____ / ____ CVV _____

Mastercard _____ Ex. ____ / ____ CVV _____

(Note: all credit cards will be charged under the account of Queensbridge Mill)

- Refund Policy:**
1. A 100% refund of the cost will be issued if requested within **2 weeks (14 days)** prior to the start of camp.
 2. Refunds cannot be granted for days missed.

Camp Itinerary:

*Each camper will learn about nutrition, meal planning, culinary skills, food preparation, table setting and etiquette through hands-on experience in the cooking studio located upstairs in The Village Grocer.

*Upon arrival, the fun begins when each camper learns to make a nutritious breakfast.

*After which, we discuss the meal plan and compose the shopping list for the recipes.

*The Village Grocer allows for a unique environment whereby our campers shop daily for cooking ingredients giving them the opportunity to interact with staff in produce, meat and bakery departments as they explore the world of food.

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