

# FAMILY WEEK!

The timing of the 'Family Day' Holiday is such that it's difficult to fully recognize it, so we have extended the event to 'Family Week'. Ours is a Family Store on many levels. Firstly, most of our immediate family is involved in some form or another, and their cousins, too. Next comes all those who have worked here so many years; they have become family as well, and we consider our store a family store in the sense that we welcome families with open arms. We are kid friendly, and if you are one, big or small, you will know what I mean.

What we will do is tap a number of our 'Family Members' for their family favourite dishes, from when they were kids (pictures included). So enjoy our family week!

# M - MIKE'S MOM'S - MEAT LOAF

Mike Pickering is another of the crew who came from the I.G.A., and he now heads our meat area. This is his **Mom's Meat Loaf Recipe**, and it must have been good - taking a glance at Mike now. She used medium ground beef, which we will feature this week to help out! The finished product will be available as well, in the Fresh Prepared Counter. **Featured at \$6.99 (4"x5" foil)**



# JAANA'S MOM'S MEAT BALLS



We've made these before and we've served them for lunch at the Café as well. They are in a beautiful gravy that is uniquely Finnish - and I'll bet that you can finish these off, no problem! **Featured at \$2.29/100g.**

# CATHY'S PIANO NIGHT CASSEROLE!



This is a dish that Doreen made deliciously for the Piano Lesson Evening. I've had it as well, so you needn't be a pianist to fully enjoy it just a comfort food lover! It will be available at the Deli Fresh - Prepared Counter. **Featured at \$5.99 (4"x5" foil)**

# MARIELLA'S STUFFED MUSHROOMS



Mariella is one of those individuals who chose to come with us when the I.G.A. closed - and she has made a large contribution to our store. This is her Mom's Recipe for **Stuffed Mushrooms**, one of their family faves and quite likely yours, too! **Featured at \$2.49/100g.**

# WHAT'S FOR LUNCH?



We are pretty proud of our little Lunchtime Café, and equally proud of the people who bring it to life. One such individual is Kristine, and as I write this, I am savouring a **'Kristine's Special' Sandwich**, and that's going to be our special this week. It's done 'Panini Style', with a generous amount of Italian Salami, Provolone Cheese, Roasted Peppers, Dressed with Aioli - a Garlic Mayo. Be sure to have them grill it for you!

**\$5.99**

Featured at Sunday Brunch for this week will be our **Beef and Barley Soup**, followed by either **Penne Carbonara**, or **Chicken with Sundried Tomato Sauce** or **Doreen's Beef, Beer & Onion Stew over Mashed Potato or Rice and Vegetables**. Tea or Coffee and a token dessert. Served from noon to 2 p.m. All for

**\$11.95**

# CARINA'S THAI SHRIMP SPRING ROLLS



Carina is the girl who manages our presence at the Markham theatre, among other things. This is her Mom's dish, and she is quite excited to share it with you! Ingredients are rice noodles, shrimps, bean sprouts, chicken, Thai basil and cilantro. These will be available by the piece in our Fresh Prepared Counter, and at the Café for Lunchtime Friday. **Featured at \$6.99/4 pcs.**

# FRESH ORGANIC BLUEBERRIES

These are full pints from that long land with the long growing season. You'll be smart to buy these, but even smarter after eating them, given their reputation as 'brain food'. Me, I like how they work with vanilla ice cream. **\$1.99** 1/2 pint From Chile.

# NEED A NIGHT OUT?

My pal Eric writes... BALAINDO! More to say about the upcoming Cuban Musical AMIGAS! The artistic director of the show recently became celebrity through the video made for the most recent hit by Enrique Eglias "BALAINDO". Litz Alfonso was in charge of the choreography of the video clip version of Balaindo. Do not miss the spectacular Cuban production "AMIGAS!", only two nights at the Flato Markham Theatre... See you at the Theatre...

# CREOLE PIZZA

For our pizza special this week we'll be serving up my personal favourite, the **Meat Lover's...** with a Creole twist! We put on some caramelized onion and roasted pepper before piling on our famous smoked bacon and crumbled sausage. We'll be using Andouille, Louisiana's famous sausage, known for its smoky and peppery flavour. A totally delicious addition to this pizza!

**1/3 OFF THIS WEEK**

12" \$12.95

# LOCAL TULIPS!

I say local, but the vast majority of these bulbs come from the speedskating capital of the free world, Holland. They are grown here, and they come from the St Catharines area. What we get from this grower are tulips now, and glads later in the season, and we have for the last 20 years. These will be in bunches of 10, and there will be many colours to choose from. Truthfully, winter has overstayed its welcome, and this will help somewhat in establishing Spring, at least indoors!

**\$5.99 per bunch**

# WHAT'S BAKING THIS WEEK?

It's Family Week at the Grocer and at the bakery we are featuring our bakery manager Jaana's family favorites.

**JELLY ROLLS \$15.95**

Originally from Finland, these have actually become everybody's family favorites, it seems. Light white sponge rolled around whipped cream and fresh berries. Dusted with icing sugar. Serves 1 - 6 people, depending on who's looking.

**GINGERBREAD HEARTS \$9.95/container** Jaana's grandmother's recipe. These hearts are crunchy and thin and they melt in your mouth. They are also very addictive; it's easy to finish a whole container at one sitting.

**CINNAMON BUNS WITH CREAM CHEESE ICING \$1.99 each**

We have recently added cream cheese icing on our cinnamon buns to make them even more scrumptious! Real comfort food on a cold February day!

**TOSCA CAKES \$22.95**

Dense white cake topped with a generous amount of caramelized sliced almonds and then baked to a golden brown. Jaana's family never thinks there is enough almonds so we doubled the topping recipe.

**RED VELVET MUFFINS \$1.89**

This recipe comes from our head baker, Cliff. It is similar to our red velvet cake, but with a baked-in cream cheese filling

**All these items**

(while quantities last)

**25% OFF THIS WEEK**

# HONEY DEWS!

These are from Costa Rica, (where Thomas the Pizza Guy is presently). They are '8s', which is a more personal size, and they are sweet!

**\$1.99 each**

**SPECIALS IN EFFECT FROM THURSDAY TO CLOSING SUNDAY, FEB. 22**

Hours: Mon. ~ Fri. 8:00-8:00

Sat. 8:00-6:00 ~ Sun. 9:00-6:00

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